

Players:

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Equipment:

1 Mat, 4 Jacks, 6 CD's.

Aim:

Roll the jacks to finish in designated zones at various lengths.

Setup:

Use four rinks.

First rink: Place a CD 1m short of the T, place mat behind T.

Second rink (opposite direction): Place a CD on the 21m and 23m marks, place mat behind T.

Third rink: Place a CD 1m short of the T, place mat 1m from minimum mark.

Fourth rink: Place a CD 3m from T and 5m from T, place mat 4m from T.

Process:

Up first rink: "T to T" - With mat on T roll 4 jacks to finish between the CD 1m short of the T and the ditch.

Back down second rink: "Mat back short" - With mat on T roll 4 jacks to finish between CD's at 21m & 23m.

Up third rink: - "Mat up short" - With mat 1m from 21m mark roll 4 jacks to finish between the CD 1 m short of the T and the ditch.

Back down fourth rink: "Medium" - With mat 4m from T roll 4 jacks to finish between CD's 3m and 5m from the T.

Rules:

Run through three times, 48 jack rolls in total.

Scoring:

1 point for every jack which finishes in the designated zone.

Alternative:

This can be condensed onto two rinks if needed, setting up the first and third rinks on rink 1 and the second and fourth rinks on rink 2.